



Nancy Doizé School of Dance

4620 Meridian Ave., San Jose, CA 95124 408-410-9134

April 18, 2022

Dear Parents and Dancers:

Attached is the 2022 Summer Schedule of Classes. It is a six week program from July 5 to August 11, 2022. Ballet, jazz, tap, hip hop, lyrical, contemporary, and creative dance are offered for beginners and experienced dancers. We also offer Pilates/Barre Fusion, a basic tricks & turns class, a pirouette perfection class, and classes for adults. If you do not see the class you want, please let me know and maybe we can add it!

Dance Camps are offered during the summer! There are six one week theme camps designed for dancers 5 - 15 years of age. The sessions are four days with a performance on the last day.

During the summer, tuition can be paid in full or per class. To register for a class please complete the form. You can mail it to us or send us an email listing the classes you want to enroll in.

Summer is a good time to try something new and fun. Come meet new friends and have a wonderful time learning dance skills.

In August, we offer special Master Classes August 15 - September 4, 2022. This is a good opportunity to keep your technique strong while the studio is closed! We will also have a week of intense classes, "Boot Camp" prior to the Doizé Dance Team auditions for dancers interested in trying out for the competition team. Auditions for the Doizé Dance Team are Saturday, August 20, 2022.

If you have any questions or concerns, please don't hesitate to call me: 408-410-9134 or missnancydancer@mac.com.

-----SUMMER REGISTRATION-----

Dancer's Name _____ Age _____

Phone _____ E-mail _____

Class _____ Day _____ Time _____

Class _____ Day _____ Time _____

Class _____ Day _____ Time _____

2qCLASSES OFFERED

BALLET: A one hour class teaching the techniques of classical ballet along with the enjoyment of music and dance movement. Ballet is characterized by grace and precision of movement with elaborate formal gestures, steps and poses. Students are expected to learn ballet terminology, execution of steps and dances. Dance attire is a leotard, tights and ballet shoes.

JAZZ: A one hour class teaching the techniques of jazz dance. Current jazz dancing covers a wide spectrum of styles from Broadway to pop. It emphasizes body line and a flexible torso while utilizing fast, accurate footwork with the feet parallel (instead of turned out as in ballet). Dance attire is a tight fitting top or leotard, athletic/dance pants or leggings and jazz shoes.

COMBINATION DANCE: This 1 1/2 hour class is split between ballet and jazz.

TAP: Tap dancing was born from clog dancing when it was combined with African-American and Irish steps in the late nineteenth century. Single action taps on the soles of your shoes sound out the dance. This class teaches the fundamentals of tap, while students learn combinations of steps and dances. Dance attire is a leotard or other tight fitting top, athletic/dance pants or shorts and tap shoes.

LYRICAL: Lyrical dance is a blending of ballet, jazz and modern dance techniques creating a perfect avenue of self expression performed to contemporary music. A key element in lyrical is seeing the movements done in a flowing or continuous pattern. Lyrical dance interprets music or words, showing the audience the emotion of a particular piece. The dancers will gain fluidity of movement, grace, control and individual expression and self confidence. Dancers should have a strong and continuing background in ballet and jazz. Classes will consist of warm-ups, center and across the floor combinations. Dance attire is a leotard, tights or leggings, and jazz shoes or bare feet.

CREATIVE DANCE: A 45 minute class designed for the young student to develop their love of music and dance. Working on muscle development, students learn stretching techniques, steps and dances using scarfs, flowers and other objects to stimulate their imagination. Emphasis is on freedom of movement with music awareness. Dance attire is leotards and tights or a pretty ballerina costume or dress and ballet shoes.

HIP HOP: The history of hip hop can be traced back to an African martial art known as capoeta. This was first translated into break dancing, and it now takes many forms such as funk and pop-locking. Classes in hip hop most resemble the dancing seen in rap and hip hop music videos. Dance attire is a top or leotard, athletic/dance pants or shorts, and tennis shoes or dance sneakers.

PILATES/BARRE FUSION: Pilates is an exercise regimen for all fitness levels that utilizes breathing, alignment, gaze, and the "powerhouse" (abdomen, lower back and buttocks). Joseph Pilates created this system for his hospital patients basing it on a cat's example of power and grace. Students need an exercise mat and should wear comfortable clothing and bare feet.

CONTEMPORARY: Contemporary Dance is not a specific dance technique. It is a collection of systems and methods developed from Modern Dance. Contemporary Dance principles include centering, gravity, breath, contraction, release, fall and recovery, tension and relaxation, opposition and emotion. It often utilizes ground work and the dancers often perform in bare feet.

PIROUETTE PERFECTION: This class will be dedicated to turn techniques only. Improve your pirouette skills and work on your ability to do fabulous multiple turns with control.

BASIC TRICKS & TURNS: Perfect your leaps, flips and turns.

STAFF:

NANCY DOIZE: ND
STACEY ABBOTT: SA
ABBY BERG: AB
SHADAE DIAZ: SD
TEAGAN DRAKE: TD

LEILANI GALLEGOS: LG
TABITHA GOODMAN: TG
HALEY LAUNER: HL
KRISTEN MARTIN: KM
LEANN NGUYEN: LN

ERICA VALENZUELA: EV
MADDY VO: MV
RACHEL WELLINGTON: RW
BELLE CASTRO: BC