



Nancy Doizé School of Dance

4620 Meridian Ave., San Jose, CA 95124 408-410-9134

May 5, 2025

Dear Parents and Dancers:

Attached is the 2025 Summer Schedule of Classes. It is a six week program from June 30 to August 8, 2025. Ballet, jazz, tap, hip hop, lyrical, contemporary, and creative dance are offered for beginners and experienced dancers. We also offer basic tricks & turns class, a pirouette perfection class, and classes for adults. A new class this summer is Miss Tab's Creative Combos. Miss Tabitha loves to create dance combinations and she wants to teach them to you! If you do not see the class you want, please let me know and maybe we can add it!

Dance Camps are offered during the summer! There are four one week themed camps designed for dancers 5 - 12 years of age. The sessions are four days with a performance on the last day. "Dance, Dance, Dance," July 14 - 17, 2025, 2:00 - 4:00 is a dance session for dancers 12 + years old. Jazz, hip hop, lyrical, conditioning for the older dancer!

During the summer, tuition can be paid in full or per class. Students who are currently enrolled in classes receive a 10% discount if the tuition is paid in full prior to Friday, June 20, 2025.

Summer is a good time to try a new style of dance and really work hard on improving flexibility and technique. Many students decide to take the summer off. Summer vacations and other activities are important. However, if you are an intermediate or advanced student and you decide to take the summer off, you might not be in the same class level in the fall. In the past, I have had students be disappointed because their classmates came during the summer and really progressed. When the dancer returned to classes in September, they were very surprised how far behind they were. Don't be left behind. Keep up on your technique and flexibility by attending at least one class per week during the summer!

In August, we offer special Master Classes August 11 - September 4, 2025. This is a good opportunity to keep your technique strong while the studio is closed! We will also have a week of intense classes, August 11 - 14, 2025, "Boot Camp" prior to the Doizé Dance Team auditions for dancers interested in trying out for the competition team. Auditions for the Doizé Dance Team are Saturday, August 16, 2025.

If you have any questions or concerns, please don't hesitate to call me: 408-410-9134 or missnancydancer@mac.com.

-----SUMMER REGISTRATION-----

Dancer's Name _____ Age _____

Phone _____ E-mail _____

Class _____ Day _____ Time _____

Class _____ Day _____ Time _____

Class _____ Day _____ Time _____

CLASSES OFFERED

BALLET: A one hour class teaching the techniques of classical ballet along with the enjoyment of music and dance movement. Ballet is characterized by grace and precision of movement with elaborate formal gestures, steps and poses. Students are expected to learn ballet terminology, execution of steps and dances. Dance attire is a leotard, tights and ballet shoes.

JAZZ: A one hour class teaching the techniques of jazz dance. Current jazz dancing covers a wide spectrum of styles from Broadway to pop. It emphasizes body line and a flexible torso while utilizing fast, accurate footwork with the feet parallel (instead of turned out as in ballet). Dance attire is a tight fitting top or leotard, athletic/dance pants or leggings and jazz shoes.

COMBINATION DANCE: This 1 1/2 hour class is split between ballet and jazz.

TAP: Tap dancing was born from clog dancing when it was combined with African-American and Irish steps in the late nineteenth century. Single action taps on the soles of your shoes sound out the dance. This class teaches the fundamentals of tap, while students learn combinations of steps and dances. Dance attire is a leotard or other tight fitting top, athletic/dance pants or shorts and tap shoes.

LYRICAL: Lyrical dance is a blending of ballet, jazz and modern dance techniques creating a perfect avenue of self expression performed to contemporary music. A key element in lyrical is seeing the movements done in a flowing or continuous pattern. Lyrical dance interprets music or words, showing the audience the emotion of a particular piece. The dancers will gain fluidity of movement, grace, control and individual expression and self confidence. Dancers should have a strong and continuing background in ballet and jazz. Classes will consist of warm-ups, center and across the floor combinations. Dance attire is a leotard, tights or leggings, and jazz shoes or bare feet.

CREATIVE DANCE: A 45 minute class designed for the young student to develop their love of music and dance. Working on muscle development, students learn stretching techniques, steps and dances using scarfs, flowers and other objects to stimulate their imagination. Emphasis is on freedom of movement with music awareness. Dance attire is leotards and tights or a pretty ballerina costume or dress and ballet shoes.

HIP HOP: The history of hip hop can be traced back to an African martial art known as capoeta. This was first translated into break dancing, and it now takes many forms such as funk and pop-locking. Classes in hip hop most resemble the dancing seen in rap and hip hop music videos. Dance attire is a top or leotard, athletic/dance pants or shorts, and tennis shoes or dance sneakers.

PILATES/BARRE FUSION: Pilates is an exercise regimen for all fitness levels that utilizes breathing, alignment, gaze, and the "powerhouse" (abdomen, lower back and buttocks). Joseph Pilates created this system for his hospital patients basing it on a cat's example of power and grace. Students need an exercise mat and should wear comfortable clothing and bare feet.

CONTEMPORARY: Contemporary Dance is not a specific dance technique. It is a collection of systems and methods developed from Modern Dance. Contemporary Dance principles include centering, gravity, breath, contraction, release, fall and recovery, tension and relaxation, opposition and emotion. It often utilizes ground work and the dancers often perform in bare feet.

PIROUETTE PERFECTION: This class will be dedicated to turn techniques only. Improve your pirouette skills and work on your ability to do fabulous multiple turns with control.

BASIC TRICKS & TURNS: Perfect your leaps, flips and turns.

MISS TAB'S CREATIVE COMBOS: New, fun and challenging dance combos for every class. Work on your technique and your ability to learn new combinations.

STAFF:

NANCY DOIZE: ND
STACEY ABBOTT: SA
HALEY LAUNER: HH
SHADAE DIAZ: SD
HAILEY CARTER: HC

TIANNA ENDO: TE
TABITHA GOODMAN: TG
RACHEL WELLINGTON: RW
KRISTEN MARTIN: KM
GIZELLE GOODMAN: GG

NEGAN CROUCH: MC
MADDY VO: MV